

# **Sheffield City Council Medical Diet Procedure**



The Parents or Carers should discuss all children's dietary needs as part of the child's care plan with school, then:

#### Parent or a Member of School Staff

- 1. Complete a Medical Diet Request form, Information required will include: Child's name, DOB, nature of the medical diet required and Parent/Carer contact details. **This form must be signed by the parent**; this will give Sheffield City council permission to use the information on the form to create a Medical Diet.
- The completed form should be sent with written medical evidence from a GP, Dietician or other relevant health professional to: School Food Service (SF Diets) via anycomms+ or post to: Allison Johnson/ Sue West, School Food Service, Level 7, West Wing, Moorfoot Building, Sheffield S1 4PL.

**Note** - Written medical evidence from a GP, Dietician or other relevant health professional **must** be provided to the School Food Service at this stage.

#### School Food Service, Sheffield City Council

Will contact Taylor Shaw's Nutritionist to request a Medical Diet is put in place. All the information received from the parent or school will be used to create the appropriate diet for the child.

#### Parent/ Carer

- 3. Will receive a medical diet menu created by Taylor Shaw's Nutritionist this must be checked through signed and return to Taylor Shaw –
- \*signed acceptance must be returned via email or the tear off slip provided before the diet is put in place.
- 4. The **parent** will be required to provide a recent photo of their child to enable the catering team to serve the correct Medical Diet meal to their child.

### **Taylor Shaw**

- Once the medical diet menu is agreed, the school cook will be provided with a copy of the menu to be displayed in the kitchen
- The child's details will be included in Taylor Shaw's medical diet records and medical diet menus will be automatically changed to reflect the schools seasonal changes to menus.

## **Taylor Shaw**

The Nutritionist may arrange a meeting at school with a parent, school cook, plus school representation as necessary.

**Note** - Please note although every parent has the opportunity to meet with the Nutritionist, the majority of diets can be implemented without a meeting. The proposed menu will be based on the school's menu.

**Training** – All Cooks and Unit Managers have had Health & Safety training incorporating food allergens.

<sup>\*</sup>For carbohydrate count menus no confirmation will be required. Upon medical dietary request a copy of the Sheffield carbohydrate counted menu will be directly sent to parents, the school office and Gerry Bennet and Emma Randle Specialist Paediatric Diabetes Dieticians.